LAUNCH FROM HOME

September 2020

All programming available at 10 a.m. Tuesday Wednesday and Thursday

Welcome to **Launch From Home** – an outreach from the Launch Pad for Kids Can Fly families. Your kit includes items to allow you to participate in crafts and activities noted on the calendar. You may need to add other materials as well.

We hope you will enjoy the September Theme built around **APPLES**

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Song

I saw an apple way up high
I reached right up into the sky
I held that juicy apple tight
And then I went to take a bite
ewwwwwwww
Oh dear look at that wiggly worm
Oh dear look at that wiggly worm
Oh dear look at that wiggly worm
I don't think I will eat my apple

New Words and Concepts

apple, leaf stem, seeds, core

plant, tree, bush, orchard

summer, autumn, harvest

picking, market, shipping,

peel, slice, blend

Colours of apples - red, green yellow, golden

Variety of Names of apples- delicious, Macintosh .....

Concepts - size comparison, cut in half, quarters, counting how many pieces

CALENDAR

	Tuesday	Wednesday	Thursday
WEEK 1	**September 15** Video of trip to the Apple Orchard with Jane and Lucy	**September 16** Music and Story Time How Do Apples Grow by Jill McDonald	**September 17** ZOOM Exploring what is inside an apple. Cutting open, counting seeds, tasting
WEEK 2	**September 22** Video - Apple printing with Jane and Lucy	**September 23** Music and Story time Ten Apples Up on Top by Dr. Seuss	**September 24** Apple Games ZOOM balloon apples sorting and categorizing apples ; big small, colour sewing card
WEEK 3	**September 29** Stencil painting with Lucy and Jane	**September 30** Music and Story Time The Apple Pie Tree by Zoe Hall	**October 1** ZOOM Apple Crisp Making apple crisp with Lucy and Jane RECIPE BELOW
WEEK 4	**October 6** Video trip to the Farmers Market with Lucy and Jane	**October 7** Music and Story Time Tap The Magic Tree by Christie Matheson	**October 8** Sharing Day on ZOOM Show and tell of activities completed by families through online participation or photo sharing

Places to Visit to Learn More About Apples

Brantwood Farms
251 Powerline Rd Brantford
519 759 4383

Brantview Apples and Cider
225 Howell Rd St George
519 448 1323

Orchard Home Farm
235 Howell Road St George
519 448 1111

Also you can visit the local farmers market, grocery stores. HOW MANY DIFFERENT APPLES CAN YOU SEE?

Great Books about Apples for Preschoolers

You can find most of these books at the Brantford Public Library or the Brant County Public Library or you can go to You Tube and find a video reading of the book

How Do Apples Grow by Jill McDonald
The Apple Pie Tree by Zoe Hall
Apples by Gail Gibbon
Ten Red Apples by Pat Hutchins
Apples Apples Everywhere by Robin Koontz
Tap the Magic Tree by Christine Matheson

Ten Apples Up On Top **by Dr. Seuss**
Johnny Appleseed by Jodie Sheppard
Apples and Pumpkins by Anne Rockwell
Apple Pie ABC by Alison Murray
Apple Farmer by Annie Monica Wellington

*** Note : Books in bold print will be featured as part of the Launch from Home online**

Pictures to Look At (Google)
The Apple Pickers, Eragny Pissarro, 1885
Apples and Pomegranates, Courbet

Play Dough Recipe

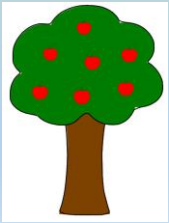
Mix 1 cup flour with ½ cup table salt
and 1 tsp cream of tartar.
Add 1 TBsp cooking oil to a cup of
boiling water & food colouring.
Stir into the dry ingredients and mix with
your hands til a nice dough forms.
Store in an airtight container

Way up high in an apple tree

2 Little Apples smiled at me

I SHOOK that tree as hard as I could

MMM those apples sure tasted good!



Apple Crisp Recipe

6 large tart apples pared, cored, and sliced
1 cup of sugar
3/4 cup flour
1/4 tsp salt
1/2 cup orange juice
1/2 tsp of cinnamon
1/2 cup rolled oats

1. Arrange apple slices in a greased baking dish, pour orange juice over slices.
2. Combine 1/2 cup sugar and cinnamon and sprinkle over slices
3. Combine flour, remaining sugar, oats and salt in small bowl and cut in butter until crumbly then spoon over apple slices
4. Bake in oven 350 degrees 45 to 60 minutes or until apples are tender and crust is crisp
   Serve warm or cold

Why are people wearing masks? By Rebecca Parlakian

For children under three years, it's best to answer their questions simply. If children ask about people wearing masks or other face coverings, parents can explain:

- Sometimes people wear masks when they are sick or to help keep them safe so they won't get sick. Sometimes children might ask follow-up questions like the ones below. At this age, it's important to answer only the questions they ask. Avoid sharing additional information (about germs, what is contagious, etc.) that they can't understand because of their age. Some common follow-up questions might be:

- Is the mask a costume? (No, sometimes people wear masks when they are sick or to help keep them safe so they won't get sick.)
- Can the person still talk? (Yes. The mask covers their mouth, but they can still talk. Just like if I put my hand over my mouth, I can still talk. [demonstrate])
- Are they scary or a "bad" person? (No. The mask covers up part of their face, but that doesn't mean they are scary or bad. They are wearing a mask because they are sick or to keep other people from getting sick. That's all.)
- Will I get sick? (Everybody gets sick sometimes. If you get sick, Mama/Dada will take care of you until you are all better. The doctors will help you, too.)
  If you live in a community where many people are wearing masks, your child may want to "pretend play" wearing a mask. This is very typical for toddlers! Pretend play is one way that children make sense of their world, by "trying on" the roles and people they see in the world around them. As a parent, you can decide how comfortable you are with this play theme.

During stressful times, what children need most is you—a safe, secure relationship where they can express their feelings and questions. Here are some tips:

- Keep daily routines (naptime, bedtime) as consistent as possible for your child.
- Limit your child's exposure to media reports about COVID-19. Remember, your child is soaking in the tension you're feeling as you watch the news.
- Discuss your own questions/worries about COVID-19 when your child is out of earshot. Practice good hygiene to limit exposure to COVID-19. Encourage your children to wash their hands while singing a catchy song to make it fun.