The Launch P
Early Child Development & Parenting Centre

Spring

APRIL / MAY 2021

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Temperament

CHILDREN ARE BORN WITH THEIR OWN UNIQUE TEMPERMENT AND SIBLINGS CAN BE TOTALLY DIFFERENT. PARENTS NEED TO HONOUR EACH CHILD'S INDIVIDUALITY AND ALTER THEIR PARENTING METHODS TO FIT THE NEEDS OF EACH CHILD. SOME CHILDREN HAVE REAL TROUBLE WITH CHANGE. HERE ARE SOME TIPS TO FACILITATE.

STRATEGIES FOR "KEEP IT THE SAME" CHILDREN

Use familiar objects to ease anxiety during transitions. A new doctor will be ess scary if your child has her favorite blanket or stuffed animal in hand.
Let your child be part of the transition. Let him put the ball in the stroller bag when it's time to head home from the park or press the button to turn off the TV
Ease into new activities. Talk about new activities first, and arrive early enough to allow your child to get comfortable.
Offer advance notice when an activity is about to end: "When this book is finished, we're going home."
Notice and comment when your child has made a transition: "You got into the car seat so quickly. That's great!"
Give your child a sense of control about how he wants to make transitions. For a toddler, you might say, "Would you like to kick the ball one more time before we leave?"
Offer your child a variety of experiences. Try a new park, check out the local pool for water play, visit the library for story hour.
Be sensitive to your child's signals. When a child is extremely easygoing, we can sometimes take for granted that any change is okay. Offer her extra support during the times when she is having trouble with a transition.
Let your child know about new situations ahead of time. For example, tell him before going to a new place or meeting someone new. Children who enjoy new situations also enjoy talking about them and looking forward to them.
Be sure to find some one-on-one quiet time to enjoy together. No matter how much a child stresses or enjoys being out in the world, there's nothing like snuggling at home with our favorite person and our favorite story.

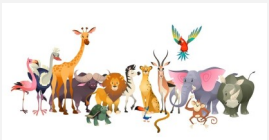
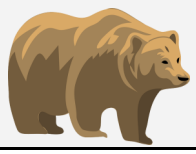
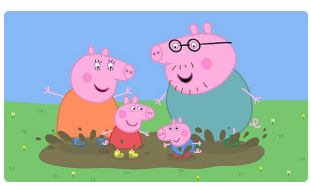
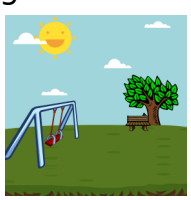
20 YEARS

Kids Can Fly
Giving our children the skills to soar

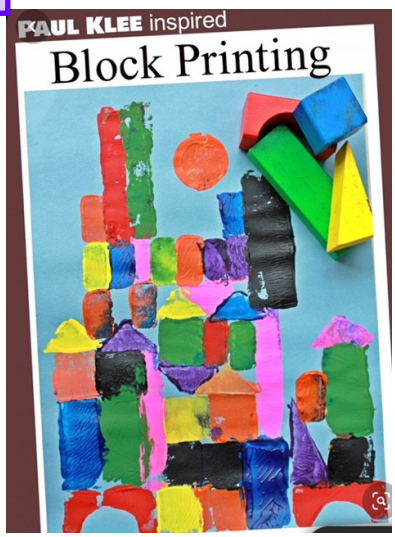
Kids Can Fly has been providing services and supports for children and parents since 2001. We would love to have feedback from families on the impact of our programs. Email your thoughts to **info@kidscanfly.ca**

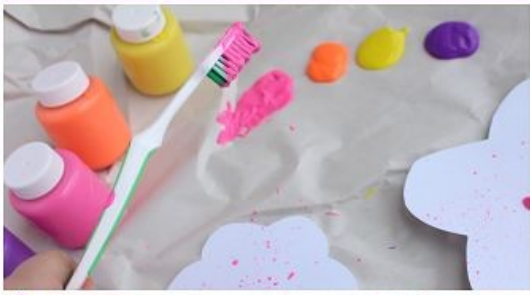
- How did we assist you?
- A special moment for you and your child
- Which program (s) were the most helpful to you? Why?
- What should Kids Can Fly focus on in the future?
- Share a funny story

CALENDAR

TUESDAY Video posted on Launch Pad Facebook Group	Wednedsay at 10 a.m. 'Live' on Kids Can Fly Facebook Page	Thursday at 10 a.m. ZOOM meeting for songs, activities and games
Tuesday April 13 Lucy and Jane make spider webs with a ball and paint 	**Wednesday April 14** STORY: There 's a Spider on the Floor	**Thursday April 15** STORY The Magic Tree
Tuesday April 20 Making mazes from found objects, chalk and crayons	 **Wednesday April 21** STORY; Pete the Cat	**Thursday April 22** Singing in the Rain Song/Game I'm looking for a friend.
Tuesday April 27 Chalk Pictures Outside	**Wednesday April 28** STORY Over in the meadow	**Thursday April 29** "Listen to the water' song and game
Tuesday May 4 Visit to the plant nursery	**Wednesday May 5** "Listen to the Water ' song and puppet friends	**Thursday May 6** Robin in the Rain
Tuesday May 11 Planting seeds and preparing our sunflower 	**Wednesday May 12** STORY Row row row your boat shutterstock · 101999959	**Thursday May 13** Here we go round the Mulberry Bush
Tuesday May 18 Visit to the Zoo 	**Wednesday May 19** **STORY The Big Hungry Bear** 	**Thursday May 20** Things I like about me STORY I Like ME!
Tuesday May 25 A surprise Video!!! 	**Wednesday May 26** STORY The Mud Puddle 	**Thursday May 27** Weather permitting crafts at Mohawk Park 

Let's Paint! Painting is a favourite activity for children. They can express themselves, develop fine motor skills and learn about colour mixing. There are so many items you can use in addition to brushes. **Tooth brush painting:** Old toothbrushes are fun or try **Q tips,** potatoes cut in half or a small sponge on a clothes peg, blow paint with a straw or classic finger painting. Use blocks or small toys for stamping with the paint.





Be Ready for a Mess

When children do crafts it gets messy! Set up a craft area and put boundaries on how and where items can be used. A plastic table cloth is a must and makes tidy up simple. Have wet cloths for wipe up handy and investing in paint aprons is a good idea too!

Creating your own fun at home for little cost

Collect dandelions and other spring wildflowers for your child to thread into a hand drawn vase made on construction paper. We have provided the hold punch for you to use.

Make your own

bird feeder

from an empty milk carton. Wash and then cut openings in it. Your child can colour with crayons or markers or decorate by gluing paper. Punch a hole in the top part and use string for the hanger. You could also thread a stick through the bottom to create a perch for the birds.
Hang low enough for your child to refill the bird seed. Watch and learn about all the kinds of birds that visit.

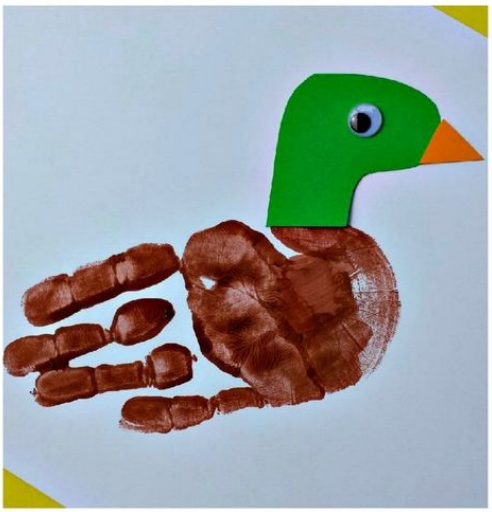
LACING

We've provided a hole punch and you can make lacing crafts with a paper plate or firm paper. Use some yarn or thin ribbon and tie to one hole. Wrap the other end with scotch tape to make the lacing easier. Great fine motor activity.

Summer Fun with Jane and Lucy

If the Covid 19 restrictions allow– Jane will be offering music and craft time at Mohawk Park during the nicer weather.
Watch the Kids Can Fly FB page and website for details.

There will be a limit on the number of families at each session and screenings will take place upon arrival. Adults must wear masks and social distancing will be required.



GROW A RAINBOW

Did you know...
the average four-year-old
can ask as many as
500 questions a day?

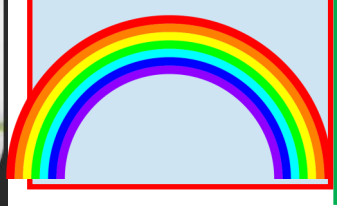
The Learning Station

Use markers to colour on both ends of paper towel as in the diagram.

Place the ends of the paper towel into 2 glasses or small bowls with water.

Observe the colour growing as it is absorbed into the towel

It's a rainbow!



Hand print bird.

Paint your child's hand except the thumb. Print onto the paper. (have a wipe up cloth handy!) Use construction paper to create the head and legs or draw them with crayons. Glue on feathers from your kit. Make different birds in other colours. Perhaps some from the bird feeder.

Books we will be reading

Wild Babies

The Mud Puddle

I Like Me

The Big Hungry Bear

Over in the Meadow

The Magic Tree

There's a Spider on the Floor

Pete the Cat

Row Row Row Your Boat

KIDS CAN FLY

You will teach them to fly
But they will not fly your flight.
You will teach them to dream;
But they will not dream your dreams.
You will teach them to live;
but they will not live your life.
Nevertheless; in every flight;
In every life; in every dream;
The print of the way you
taught them will remain

Mother Teresa

TIPS FOR READING WITH YOUR CHILD

NEWBORN - 1 YEAR

- Point at things and name them (dog, cat, house, car)
- Talk back and forth with your baby
- Play games with them while you are reading

1 YEAR - 2 YEARS

- Smile and answer your child's questions
- Encourage them to point at objects and name them
- Have them help turn the pages

2 YEARS - 3 YEARS

- Ask them questions about the book
- Talk about the pictures and what the words mean
- Let them pick out the book they want to read
- Reward them and set goals for reading

3 YEARS - 4 YEARS

- Point out letters and numbers
- Look at pictures and make-up stories about them
- Talk about the different characters
- Ask them their take on the story

4 YEARS - 5 YEARS

- Have your child tell the story
- Encourage writing and drawing
- Ask them the meaning of the story
- Have a conversation about what the words mean

Reading can take place anywhere!
Bring books to the park, the back yard,
the kitchen table or even the bath tub.

Dolly Parton's Imagination Library

If you child is not registered for the
Dolly Parton Imagination Library
program to receive a book a month
go to **www.kidscanfly.ca**
and use the online registration form.
Program is free and open to children from birth to age 5. Must live within Brantford-Brant